



PNAVA Policies and Procedures

Health & Wellness Promotion Policy

Policy Number: 7.4 Reviewed: 2/2022 Revised: New 2022 EB Reviewed & Approved: 03/2022 Original Date: 2/2022

PURPOSE

Coordinate and provide activities to maintain the health and wellness of PNAVA members.

POLICY

The Health & Wellness Promotion Committee (H&WPC) is responsible for:

1. Seeking health care initiatives and promoting health and wellness programs that benefit the health and wellness of PNAVA members.
2. Supporting and coordinating with other PNAVA Standing Committees to promote events and activities that may positively impact the dimensions of wellness for PNAVA members.

PROCEDURE

1. All proposals and requests for events and activities related to health and wellness promotion shall be directed to the primary chairperson of the H&WPC and approved by the Executive Board.
2. The Health and Wellness Committee shall:
 - A. Provide a communication and resource forum for health and wellness programs and activities and prepare information for distribution to members related to the details of planned events (including type, purpose, date, time, location, and other details).
 - B. Promote health and wellness events, encourage active participation of PNAVA members, and solicit volunteers for planned events benefitting PNAVA members.
 - C. Give special consideration to highlighting one or more of the eight dimensions of wellness: physical, intellectual, emotional, social, spiritual, vocational, financial, and environmental.
 - D. Motivate and support PNAVA members to be active stewards within the local community, utilizing clinical and cultural competencies.



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REFERENCE (S)

ATTACHMENT(S)

1. Revision History



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Attachment 1: Revision History

Original Author: Christine Sanchez
Reviewed: 2/2022 P&P Committee
President: 2020-2022 Catherine Palar